

grateful

themes

- **Gratitude:** Encouragement to live in gratitude and thanksgiving of God's goodness to us.
- Goodness of God: No matter what is happening in our lives, God is still good.
- Worship: We offer ourselves as living worship to God, surrendering our burdens, fears, doubts and mistakes.

discuss

- What things in your life should you be more grateful for?
- What line or word from the song resonates with you? Why?
- Where do you see the goodness of God in the world?
- What things do you need to surrender to God in order to be more grateful? Eg: pride, anger, bitterness, fear, insecurities...

activity

Create a gratitude list of everything in your life that you're grateful for, and write a different thing for each day of the next week/fortnight or month. Once you have the list, write a goal of how you can show/achieve more of this on that day. For example:

- Monday 1st January: I'm grateful for my family.
 - I'll tell them that I love them, and give each person in my family a genuine compliment.

exploring the lyrics

Lift up your hands and surrender to Jesus'We offer to God our heartfelt worship and trust in His goodness, and lifting your hands is a physical sign of this surrender.

'And be grateful for the love He brings'

The love of God is always available to us and is a free gift. Be grateful that you are unconditionally loved and that nothing you do will change that. Romans 8:38: 'And I am convinced... that nothing can separate us from the love of God...'

'Before every sunset let go of your anger. Leave all your ego behind.'

Tomorrow is a new day. Leave today's troubles where they are, and prepare for a fresh start. Ephesians 4:26: 'Be angry but do not sin; do not let the sun go down on your anger.'

'In every season, in the air that I'm breathing, in all that surrounds me, God, You are good.'

In life, we experience joys, sorrows, challenges, frustrations, life giving moments and trials and tribulations. Regardless of what season of your life you're in, God is there. He is everywhere and He is always good. If you're struggling, He is still working for your good.

'I will be grateful'

We don't realise how blessed we are until something gets taken away from us. Don't wait to be grateful, but start now!

1 Thessalonians 5:16-18: "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

'Grateful' is an easy-listening, gentle and peaceful ballad that encourages us to be grateful for God's goodness working in our lives. We're reminded that in every moment, God is good, and we are deeply loved by Him. It can be found on Wildfire album 'It's Good To Be Alive' and resources can be found on our website.

<u>Click here</u> to view the 'Grateful' Lyric Video!

resources

Want to hear more from Wildfire?

Here is where you can find us, and the other resources we offer:

SPOTIFY: click here
APPLE MUSIC: click here
AMAZON MUSIC: click here
YOUTUBE: click here

FIND US ON SOCIAL MEDIA:

INSTAGRAM: click here
FACEBOOK: click here
YOUTUBE: click here

FIND OUR MUSIC, CHARTS AND RESOURCES HERE:

WEBSITE: click here

DIOCESE OF LISMORE

Bible translation: NRSV (Catholic Youth Bible)